



School Programmes Supporting School Goals

A Community where Learners Flourish

The Upper Secondary Year Heads



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2023 Priorities: Nurture Flourishing Learners Through Student Development



1) One Heart: Braving Weaknesses & Strengths

- **VIA Strengths.** To build a strength-based school culture and tone, across Form Classes, subject lessons, CCAs and all opportunities.
- **Every Relationship & Conversation Matters:** KPs, teachers (FTs, CCA, Subject) & Students (Class, CCA, Leaders) – model One Heart, One Mind, One Team. *Start with a smile*, as we care, connect, contribute towards growth.

2) One Mind: Adopting a Growth Mindset

- **Employ PERMA** – Model Pos-Ed driven positive language and mindset, focusing on strengths to create motivation to learn. Explore how PERMA is relevant for your respective areas (FT, lessons, CCAs)

3) One Team: Embracing A Larger Community

- **Ownership and Voice** - Trust overall student body with greater empowerment
- **Student Leaders** – Empower student leaders to lead in reshaping school from Good to Great. E.g. drive school-wide initiatives for the lasting good of overall community (Re-designing Yuhua, iSay, Student Well Being etc)

Upper Secondary Level Goals

PERMA – What do we develop in our students?

- **Positive Emotions** – understand one's strengths and see possibilities
- **Engagement** – realising possibilities
- **Relationships** – 'I' good; 'We' great!
- **Meaning** – explore possibilities for us
- **Achievement** – developing strengths



Student Development Goals

Ultimately, as a Student Development Team, we aim to develop students who

**Think Strengths
Speak Possibilities
From Good to Great!**



Programmes to Support the School and Level Goals

Flourish Week

Dates: 8-10 March 2023 (T1W10, Wednesday-Friday)

Sec 3: Team building Experience (Outdoor Adventure Camp)

Sec 4/5: Beyond the Horizon (Workshop to understand career opportunities and requirements)



Flourish Week Objectives

- To develop school pride, identity and connectedness through a unique 4-year experience anchored on CARE³ (school values).
- To build Positive Relationships.
- To equip students with the skills and attitude to flourish at the respective levels.



Flourish Week Overview

	Sec 1	Sec 2	Sec 3	Sec 4 & 5
Programme:	Camp M.E.L.O.D.Y	Community Builders	Team Building Experience	Beyond the Horizon
Key Level Objective:	Introduction to M.E.L.O.D.Y – the school’s Learning for Life Programme	Appreciating Cultural Harmony in Singapore and Building a sense of National Identity	Developing students’ character through Outdoor Education	Equipping graduating students with essential skills to help them succeed in future endeavours



Details for Sec 3 Programme



8th to 10th March (3 Days, 2 Nights)



Venue: PAssionwave @ Sembawang



8th March 9am (leave school)

10th March 12:40pm (return to school)



Activities

- Team building games
- Orienteering and navigation
- Camp Craft: Outdoor cooking, pioneering & tent pitching
- Rafting and kayaking
- Basic First Aid Skills



Duration for Sec 4-5 Programme



8th March: 0730 - 1530



9th March: 0730 - 1730



10th March: 0730 - 1240



Key Segments and Learning Outcomes

SEGMENT	DETAILS
ECG Café World (3hrs)	<ul style="list-style-type: none">• Face-to-face engagement with industry speakers and alumni who are currently in the tertiary institutes
Learning To Dream Again (1.5hrs)	<ul style="list-style-type: none">• Looking forward in the year and taking ownership of the decisions made
Enduring Success (1hr)	<ul style="list-style-type: none">• Building strong habits as a foundation in the journey towards success
ECG (6hrs)	<ul style="list-style-type: none">• Choosing Courses and Decision-Making Process• Writing Personal Statement• Building A Portfolio• Interview Skills• Mock Interview



Key Segments and Learning Outcomes

SEGMENT	DETAILS
Team-building Activities (1hr)	<ul style="list-style-type: none">• 1 major activity• Out of the classroom
Mural Painting (45mins-1hr)	<ul style="list-style-type: none">• 1 class per timeslot
Dragonboating (2hrs)	<ul style="list-style-type: none">• Kallang• Resilience and Team-building





Dear Parents / Guardians, We seek your help to journey with your child/ward and us

- Let's create a partnership and work together to ensure that your child/ward is guided throughout his/her upper secondary journey so that he/she becomes a person who cares, connects and contributes more deeply.
- Things may get tough along the way as he/she discovers his/her potential while coping with academic, mental and social challenges.
- Do update the form teachers and the school should you notice any concerning changes in your child / ward, so that we can provide the necessary support early.

